

ABSTRACT

A sleeping bag having a cinch mechanism that can be closed with a single hand. The cinch mechanism includes, for example, a loop and a cord attached at an end of the sleeping bag. When the sleeping bag has been rolled, the loop is pulled in one direction, while the cord is pulled in the other direction. The cord is then extended through the loop, and pulled back and attached to itself. For example, a clasp may be used to attach the cord to itself.